

Julia Red Wing

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EDUCATION

Vanderbilt University, Nashville, TN

August 2021 - May 2025

Bachelor of Arts in Medicine, Health, and Society and Bachelor of Science in Human and Organizational Development

GPA: 3.55/4.0 | Honors: Dean's List (Spring 2022, Fall 2022, Spring 2023)

Relevant coursework: Systematic Inquiry, Small Group Behavior, Health Psychology, Quantitative Methods, and Neuroscience

Red Rocks Community College, Lakewood, CO

August 2019 - May 2021

GPA: 4.0/4.0 | (completed 20 credit hours while taking a full course load in high school)

Additional Certification: Huron Professional Development Bootcamp (July 2023 – August 2023)

PROFESSIONAL EXPERIENCE

Jean and Alexander Heard Libraries, Nashville, TN

August 2023 - CURRENT

Buchanan Library Fellow

- Leading the Amplifying First-Gen Voices Project that focuses on exploring the intersectionality of first-generation and lower income (FGLI) college students' identities by gathering and compiling personal stories from the university community.
- Developing strong research and organizational skills by collecting, analyzing, and organizing data from interviews to create engaging podcast mini-series and establish resources to support FGLI students in the future.
- Gaining experience in data synthesis and narrative curation, contributing to the creation of impactful podcast content while enhancing a consulting skill set.

Children's Healthcare, Illness, Legacy, and Loss Lab, Nashville, TN

October 2022 - CURRENT

Research Assistant

- Administer and transcribe interviews, perform statistical analyses, and create charts and graphs to provide data driven, actionable solutions to cultivate patient-focused healthcare.
- Co-author a procedural support article for healthcare providers at Vanderbilt's Children's Hospital providing guidance to reduce medical trauma in patients undergoing painful procedures such as peripheral IV placement and PICC line insertion.
- Conduct research project during summer 2023 to understand healthcare providers' knowledge, attitudes, and barriers in trauma-informed care for pediatric medical traumatic stress.

Office of Housing and Residential experience, Nashville, TN

August 2022 - CURRENT

Residential Adviser, Head Adviser

- Foster inclusivity and cultural awareness between 35+ residents and Residential Advisors through meaningful conversations.
- Respond to duty calls, provide proper documentation when necessary, and handle community crisis-responses.
- Design 4-6 community events per semester for students to further residential bonds and build long-term connections.

Trouville Memory Care & Suites, Excelsior, MN

August 2020 – January 2023

Home Health Aide

- Deliver compassionate care to 15+ elderly adults with degenerative memory disorders accomplish daily living tasks, including showering, feeding, toileting, dressing, and medication management.
- Collaborated with interdisciplinary teams to develop and execute personalized care plans, ensuring comprehensive support for each resident's unique needs, enhancing their overall well-being and reducing anxiety.

LEADERSHIP & EXTRACURRICULARS

Monroe Carell Jr. Children's Hospital at Vanderbilt, *Volunteer at the Myelosuppression Unit*

August 2023 – CURRENT

- Partnered with a team of volunteers and staff to maintain a safe and therapeutic environment that involved sanitizing toys, organizing play sessions, and engaging in bedside medical play with children unable to leave their rooms.
- Exhibited flexibility, independence, and a positive demeanor to patients and families facing medical adversities.

Alternative Spring Break, *Volunteer*

March 2022

- Facilitate neurodivergent adults' creation of art for self-expression and discovery at multiple non-profit sites in Austin, TX.
- Built 6 garden beds with a team to supply fresh vegetables for an under-resourced community.

SKILLS, AWARDS, AND INTERESTS

Skills: Proficient in Microsoft Word, Excel, PowerPoint, REDCap, SPSS Statistics, Data Analysis, Narrative Analysis, Project Management, Research Design, Critical Thinking, Problem Solving, Teamwork, Positive Attitude, and Palliative Care.

Awards: 2023 Hispanic Scholarship Fund Scholar, 2023 Vanderbilt Undergraduate Summer Research Program Recipient, 2-time State All-Around Gymnastics Champion, 6-time National Medalist in Track & Field

Interests: Writing short stories and screenplays, weight-lifting, snowboarding, and learning Russian